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ABSTRACT

This comprehensive bibliography contains an alphabetized list of over 1000 references dealing with job stress and burnout. All relevant published references are included; they represent major journals from a wide range of disciplines, including psychology, sociology, management and administration, and human services such as social work and rehabilitation. Recently published books in the area of stress and burnout are also included. The references encompass both managerial applications and staff workers at all levels of the organizational hierarchy in a wide spectrum of occupations. Both empirical research and theoretical treatments are provided, in addition to references describing both the prevention and/or treatment of stress/burnout. (JAC)

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STRESS-BURNOUT: A BIBLIOGRAPHY

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Bibliography on Stress/Burnout: 1000+ References

Introduction

The bibliography which is presented here is the result of a three year process of locating and cataloging relevant sources in this important area. All published articles and other references which could be located were included, except those that were deemed inappropriate because of brevity (i.e., a one page discussion) or journal source (i.e., a purely news-stand type of periodical). What is represented here are many of the major journals across a range of disciplines, including psychology, sociology, management and administration, and human services such as social work and rehabilitation. The list also includes recently published books in the area of stress and burnout.

In a related source (Annotated Bibliography) references were restricted to stress and burnout in relationship to managers and administrators. In this more comprehensive bibliography, no such restrictions were imposed. The references herein encompass both managerial applications and staff/workers at all levels of the organizational hierarchy. Thus, there are references pertaining to blue and white collar workers, human service practitioners, and a wide spectrum of occupations including nursing, law, teaching, and air traffic control. The references include both empirical research and theoretical treatments of stress and burnout in addition to sources describing the prevention and/or

alleviation of stress/burnout.

Collectively, the references in this bibliography offer the reader a substantial portion of the recently published literature on stress and burnout. The bibliography should therefore be of value as a starting point in the process of researching specific aspects of this broad literature. It is anticipated that students and faculty in a variety of disciplines will find the bibliography helpful, although its utility should extend beyond these audiences. Members of particular occupational groups may also find the bibliography useful, and those working in large companies or organizations in staff development and personnel capacities would discover many references of direct interest and relevance. The major value of the bibliography is likely to be its comprehensive nature, specifically, the scope of the professional literature that it represents.

T.F.R.
M.M.B.

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